Current vancomycin dosing recommendations for pediatric patients: a pharmacokinetic evaluation

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# Introduction

- Vancomycin
  - First-line treatment for suspected MRSA infections in neutropenic children
  - Few pediatric pharmacokinetic data available
  - AUC/MIC is preferred parameter
  - Current dose regimens appear insufficient to obtain AUC/MIC ≥ 400
  - Vancomycin clearance increased in hematology-oncology patients

*Le et al. Pediatr Infect Dis J 2013 Fernandez et al. Clin Pharmacokinet 2009* 

### Problem

- Initial dose regimen in UZ Brussel: 15mg/kg 4 times daily, adjusted afterwards according trough levels
- However:
  - Initial trough levels far too low
  - Several days (up to 1 week) often needed to obtain adequate trough levels

## **Research questions**

- Influential factors on vancomycin clearance, trough levels and AUC/MIC in pediatric patients?
- Doses needed for therapeutic trough level and AUC/MIC ≥ 400?
- "Normal" pediatric patient vs. hematology/oncology: different dose needed for AUC/MIC ≥ 400?

# Methods

- Retrospective study: 2011-2013
- Inclusion criteria
  - Intermittent vancomycin infusion
  - Dose frequency: 4 times daily
  - Patient age: > 1 y and <18y
  - Steady state (≥ 4 doses)

- Serum creatinin values available
- $\geq$  2 trough values available
- Not on intensive care
- Data collected from electronic patient files
  - Vancomycin dose, frequency, infusion time, trough levels
  - Age, gender, weight, length
  - Diagnosis, comorbidities

 Creatinin clearance, administered fluids, (nephrotoxic) co-medication

# **Methods**

- One-compartment first-order model with Bayesian analysis: simulation possible when only trough levels available
- PK software : JPKD (JavaPK for Desktop), Kaoshiung Medical University Taiwan





- Input : gender, body weight, body length, VANC dose, dosing interval, infusion time, serum creatinin, trough value
- Output : Volume of distribution, vancomycin clearance

Wrisko et al. Ther Drug Monit 2000

## Methods

- Renal clearance: Schwartz equation
- MIC = 1 mg/L (conservative approach)
- Adequate trough levels: 10-20mg/L
- Patients stratified according age: < 6 year , 6 -12 year , > 12 year

- 24 patients (21 hematology/oncology) → 183 trough levels available for analysis
- Patient characteristics

Patient variables (N=24)	Median (interquartile range)	
Age (year)	6.3 (range 1 - 15)	
Gender (male/female)	15/9	
Hematological/oncological malignancy	21	
Body weight (kg)	19.98 (16.35 - 43.00)	
Length (cm)	114.50 (102.60 - 156.00)	
Serum creatinin (mg/dL)	0.38 ( 0.30 - 0.45)	
VANC trough level (mg/L)	10.13 (7.14 - 13.54)	
Vancomycin clearance (L/hr/kg)	0.186 (0.14 - 0.24)	
Creatinin clearance (ml/min/1,73m <sup>2</sup> )	195.08 (156.58 - 244.44)	
VANC distribution volume (L/kg)	1.08 (1.06 - 1.11)	

#### Vancomycin clearance: univariate analysis







#### Significant correlations with:

- Weight
- Fluids
- Age

#### • Overall impact of age

Age	Number of	Median VANC	Median	Median
(years)	patients	clearance (L/h/kg)	dose (mg/kg)	trough (mg/L)
< 6	9	0.2260	24.31	9.89
6 -12	11	0.2071	18.38	10.55
> 12	4	0.1350	13.95	11.41

 Agreement between AUC/MIC and trough levels: 86% (PPV: 80%)

	Trough level (mg/L)			
AUC/MIC	< 10	10 - 20	> 20	
< 400	85.4% (70)	14.0% (13)	0% (0)	
≥ 400	14.6% (12)	86.0% (80)	100% (8)	

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Median dose needed for trough levels 10-20mg/L per age group

Median dose needed for AUC/MIC  $\geq$  400 per age group



Different dose needed for hematology-oncology patients?



For AUC/MIC  $\geq$  400

- No malignancy: median dose 18,12 mg/kg QDS
- Malignancy: median dose 21,63 mg/kg QDS

## **Discussion & conclusion**

- Current VANC dose regimen insufficient for our patients
- Age, weight, administered fluids affect VANC clearance
- Therapeutic trough levels + AUC/MIC≥400: significant differences between age groups
- Possible dosing algorithm

  < 6 year: 25 30 mg/kg QDS</li>

Only in case of malignancy?•

- 6 12 year: 20 mg/kg QDS
- > 12 year : 15 mg/kg QDS

Sanders Pharmaceutisch Weekblad 2012 Cardoso Braz J Infect Dis 2012

# **Discussion & conclusion**

- Limitations
  - Small population
  - No data on clinical outcome
- AUC/MIC  $\geq$  400 & trough levels
  - not validated for children
- Data imbalance between patients• Retrospective
- Future
  - Prospective study
  - Additional focus on toxicity
  - Both peak and trough levels

- Larger patient population
- Clinical outcome